

Sundial



INGLESIDE TERRACES HOMES ASSOCIATION

www.ITHASF.org

FALL 2014

ITHA BOARD

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AT-LARGE

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Social: Wendy Dwyer &
Sandy Gandolfo
NERT: Paul Kameny
The Sundial: Linda McGilvray &
Daryl Schilling
Parks & Landscaping: Rory Camp
Welcome Wagon: Rose Ann Anderson
Design Review: Suzanne McDonnell
Construction Committee:
Norman Meunier
West of Twin Peaks Council:
Paul Conroy
Webmaster: Mark Goldstein

Regular monthly meetings of the ITHA are held at 7:30 P.M. on the third Thursday of each month, January, February, March, April, May, June, September and October. No regular meetings are scheduled for July, August, November, or December. Location is the St. Francis Episcopal Church, 399 San Fernando Way, and all Terraces residents are welcome.

ITHA, P.O. Box 27304, San Francisco, CA 94127-0304 • www.ITHASF.org

www.ithasf.org/email.html

Join our google email group at the above website. Members discuss topics such as local events, meetings, crime, schools, and gardening. You may join the announcements only email group or the discussion group.

President's Letter

By Mark Scardina

As I write this, I hope everyone is enjoying real summer weather despite this being San Francisco. While we can't expect it to last through our normal September Summer pattern, we can hope that we have a glorious day for our Annual Picnic on Sunday, Sept. 21st at Sundial Park. Everyone is, of course invited, but we do ask you to RSVP for food planning purposes. See included form in this newsletter.

While your hardworking ITHA Board is in its July-August recess, there still has been a lot happening since last Spring. First, I would like to thank everyone who has already paid their dues for the year. You have been generous, and we are now on a solid financial footing once again. If you haven't we have included an envelope as we will for each issue for your convenience.

There is increasing City activity that involves neighborhood associations and specifically IT. We are seeing new developments and businesses opening on Ocean Avenue, as well as initiatives such as water use and transportation projects. I will endeavor to continue having a special guest speaker at our ITHA Board meetings and invite you to attend when the topic is of interest. Please check the agenda announcements on our GoogleGroups list.

It is with sadness that we saw longtime resident and board member Irene Carter pass away. Her wit and energy will sorely be missed. Your ITHA Board has been trying to maintain its services understaffed, and we really need a few to step up and volunteer. Though we will not turn away any assistance, we need someone to help plan and organize our events, someone to assist in processing memberships, and someone to assist in organizing neighborhood beautification. If you have the a few hours a month and the energy to help, in any of these or other ways, please drop me a note at president@ithasf.org or fill in the top of your dues envelope.

Look forward to seeing all of you at the Annual Picnic!

Mark Scardina

Design Review Committee Updates

Ingleside Terraces evolved from developer Joseph Leonard's fascination with the 19th century City Beautiful movement, an architectural effort to improve the quality of urban life through access to fresh air, sunlight and beautification of residential areas. Leonard developed Ingleside Terraces as a residential park, replete with mini-parks, front and rear yards with park-like plantings, rear yard utilities, and, in the day, a clubhouse and tennis court.

But these days, things are looking pretty dry around the Terraces. Many of us have browning lawns and the effects of the drought are starting to show. Below are some tips to help save your current plants and some ideas to make your yard more drought tolerant.

Lawns – Less is more in a drought. Mow your lawn as little as possible as longer grass helps shade it and retains moisture. Use the highest setting on the mower and wait until grass is 3-4 inches tall. Watering for a short amount of time is a myth as it causes plants to get thirsty faster and more water evaporates. For best results, water for a longer period of time less frequently (ideally between 9 pm and 6 am) and be sure you aren't watering the street or driveway. Consider replacing non-essential turf with ground cover and mulches.

Plants – One thing you can do to help plants in a drought is prune them back by a third so the plant needs less water. Other good things to do are to remove dead or dying branches, snip off dying flowers and cut out any area that looks like it could have pests or disease. Keep the weeds at bay so they can't steal water from the plants you want to grow. Don't fertilize as fertilizers are essentially salts that will pull water from roots and dehydrate your plants. Water plants a couple of times a week and use 1-2 inches of mulch to keep roots cool and moist.

If you are ready to re-think your lawn, remember that the San Francisco Planning Code and the City's Design Review Standards require all front yard setbacks to be appropriately landscaped. At least 20 percent of the front setback area must be unpaved and devoted to plant materials. See, Guide to the San Francisco Green Landscaping Ordinance at <http://www.sf-planning.org>. Here are a few drought resistant garden ideas:

Succulents – They need very little or no water and grow and grow with little to no care. Another great

thing about succulents is you can literally break off a flower and plant it stem down, water it a little and it will grow.

Rosemary, lavender, sage and many other plants are all drought resistant and, once established, will not need any additional water.

No-mow lawns – today there are different types of natural grasses available that you can add to your garden. You can also put in a no-mow lawn. This grass seed grows to 3-4 inches long and requires no mowing.

Good luck in your garden and check out <http://www.sunset.com/garden> or www.cagardenweb.ucanr.edu/Drought_/ for more drought gardening tips and advice.

~ ITHA Design Review Committee (the Committee meets monthly and we welcome new members. Contact us at designreview@ithasf.org)

Irene Eloise Carter

March 2, 1943 – July 2, 2014

Irene was born March 2, 1943 in San Francisco, California, the second of four daughters of William and Reba Carter. She passed away quietly at home with her loving son by her side on July 2, 2014. She was a third generation San Franciscan.

Irene, strongly influenced by her father's passion for the mountains and nature, developed a life-long love of the outdoors and respect for nature. She made friends easily and kept them close to her heart. Irene was a free thinker and fiercely independent, enjoying friends and acquaintances who covered a full spectrum of philosophies and backgrounds, intent to learn from everyone. She will be greatly missed by her family and friends. Irene was a board member of ITHA.

Mark Your Calendars! Upcoming Events in the Terraces



Annual Picnic **Sunday, September 21**

Annual Meeting: **Saturday, November 8**

Holiday Caroling: **Sunday, December 14**

SF Village Provides Support Services for Seniors

A growing group of older adults is reinventing the way seniors engage in their community. From movie nights and social gatherings to rides to the doctor's office and transition to home services after an operation, members of San Francisco Village who live West of Twin Peaks are proactively creating a connected and engaged community of seniors in the neighborhood, and providing a roadmap for how the city can effectively address San Francisco's burgeoning elder population.

SFVillage is a membership organization dedicated to supporting active aging for SF residents over 60, helping them remain independent in their own homes and neighborhoods. We provide a network of service providers to help with everything from transportation to meal prep to computer assistance. Our members form a vibrant community and participate in classes, outings and social events. SFVillage provides volunteer support, expert advice on aging, prescreened service providers, support after an illness or hospitalization, social activities, neighborhood circles, and opportunities to build a sense of community.

For more information, visit us at www.sfvillage.org or call 415-387-1375

Taraval Station Resource List

ALL SF EMERGENCIES: 911

Non-Emergency: (415) 553-0123

Customer Service Center: 311

Taraval Station: (415) 759-3100

TNT Cell Phone1: (415) 850-6118

TNT Cell Phone2: (415) 850-5448

Website: www.taraval.org

Project SAFE: www.sfsafe.org



Unfortunately this won't happen. . . but please pick up after your dog and dispose of responsibly.

Membership letter

Ingleside Terraces remains one of the nicest locations in San Francisco. We are very lucky to live here.

Since the beginning of this membership drive many of our neighbors have been quite generous with their donations. We recently delivered Woody LaBounty's book to our 'high level' donors. Thanks to each of them for being such good folks! These donations have really helped us regain a sound footing financially. The Board of Directors works very hard to make sure that what funds are spent are well worth the cost.

Home sales in Ingleside Terraces are on a fast run these days. It is nice to see some good quality restorations happening around here. The Design Review team has been working nicely with many neighbors who come to the group with plans. We discuss and comment and feel very good about the results most all of the time.

Included in the news is our envelope, if you have not already taken care of your membership for the year it's not too late – we accept any donation with pleasure. Some of our neighbors actually have donated several times during the year! BRAVO! Keep the date for our Picnic on your calendar. We really enjoy seeing the neighbors and getting to meet at a social event is fun. Lets hope for a sunny warm day.

Our President has asked for your help in staffing up the Board. We are working with a reduced number, and really need some new members. Please consider this request and step up.

Enjoy the remainder of summer in the city, get out and enjoy your neighborhood.

Best regards to you all,

Norman Meunier

**ITHA presents the
101st Sundial Park • CLASSIC BARBECUE & PICNIC**

Sunday, September 21, 2014 • Noon – 3:00 pm

Get to know your neighbors in a relaxed and festive atmosphere! Everyone is welcome!

Noon: The official chariot race around Entrada Court begins! Bring your tricycles, bicycles, Big Wheels, strollers and wagons decorated for the celebrations!

1:00 pm: ITHA will provide BBQ hamburgers, hot dogs, vegan burgers, trimmings and drinks. For the potluck portion, please bring a dish to share, based on the initial of your last name:

A – G Salads/Vegetarian

H – N Appetizers

O – T Desserts

U – Z Vegetables/Side Dishes

You are encouraged to share a dish from your heritage so that we may continue to celebrate our centennial with an international flair!

RSVP preferred. Your early response is very important! Please call Wendy Dwyer at 706-0549 or email her at hairnetw@hotmail.com, or return this portion of the form to 350 Urbano Drive before Sept. 10.

- Yes, I will attend the picnic and I will bring the following potluck item: _____
- We will have _____ people attending.
- Yes, I can help with children's activities such as blowing up balloons, face painting, games, etc.
- Yes, I will be happy to rotate through as barbecue chef!
- Yes, I will help with cleanup from 3:00 to 4:00 pm. Yes, I will help with setup from 10 am to noon.
- Yes, I will bring an ice chest to help cool drinks and food. Please bring a compost or recycle bin if possible.
- Yes, my children will participate in the chariot race.
Number _____ and ages _____ of children. Name _____ Phone _____
All participants will receive a ribbon.

Donations for the "One Warm Coat Drive" are most welcome. Coats new or gently used, of any size, are appreciated by the good folks at the Bayview Mission. Address _____

If you would like to write a check to ITHA to help sponsor this party, fabulous! Your amount will be applied to the popcorn machine, balloons, and decorations. The ITHA will continue to sponsor the furniture rental and the BBQ with all of the trimmings!

THE SUNDIAL

Ingleside Terraces Homes Association

P.O. Box 27304

San Francisco, CA 94127

See inside for new ITHA information!